



*A Bi-Annual Publication of
the Student National
Dental Association*

EMERGE

LETTER FROM THE PRESIDENT

Greetings! Happy Holidays!

I hope that everyone has had a successful and productive semester. It is always a wonderful feeling to complete another semester and come closer to graduation (1 more semester for me!). On behalf of the Student National Dental Association, I want to extend my greatest appreciation to all of our local chapters for all of your hard work throughout the year and in your respective communities. You guys are the heart and soul of our organization. Keep up the good work! SNDA has always been an organization that is rooted and grounded in strengthening our communities through service and outreach. This year, the executive board decided that it would be a fantastic idea to do a Holiday Service Project. I want to also thank the chapters that participated. Your efforts will be rewarded.

I want to inform everyone that we have begun preparing for our annual convention this upcoming summer. I guarantee, that you do not want to miss it this year! We will be taking over the great city of Atlanta. This year we are planning to have CE courses available to D1 through D4 students and even recent graduates. Also, we are planning a service project with one of the local non-profit organizations in the city of Atlanta. As always, we plan to provide fun and entertaining social events including our gala/senior banquet. I encourage everyone to start making plans to attend the convention this year. All information pertaining to registration, executive board positions, tentative schedule, scholarships, and House of Delegates information will be posted to our website at the beginning of next year (2016). Also, we will be launching our SNDA app again which will contain details about the convention as well. I look forward to seeing old friends and making new ones at the upcoming convention!

As we approach a new year and new semester, I wish continued success to everyone with all of your endeavors whether it be getting into your desired residency program, passing boards, or even acing a gross anatomy exam! You can always reach me directly at president.snda@gmail.com if you have questions or concerns. Now, let us continue to build on the success and momentum of last semester to further advance SNDA to greater heights! Happy New Year!



Christopher D. Cathey

University of Mississippi
School of Dentistry
(D'16)

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University of Louisville Chapter of SNDA hosts Whitney Young Scholars Preview to Dentistry Workshop

By Amirah Jackson, D3, University of Louisville School of Dentistry



On November 21, 2015 we hosted 20 **Whitney Young Scholars** for an interactive morning of learning the beautiful and rewarding field of Dentistry. Now, the Whitney M. Young Scholars Program annually recruits academically motivated seventh grade students in the Louisville Metro area and over a six-year period prepares them for high school graduation and a successful transition into college. Eligible students must have a minimum grade point average of 3.0 and qualify for the free or reduced lunch program. The ultimate goal of our educational enrichment programs is academic achievement and college graduation.

It was our pleasure to have these amazing students listen to dental students give a description of their experiences leading to dental school, and the scholars seemed surprised to hear the variety. Presenting them with many options that have lead us to dental school provided a sense of encouragement for the scholars, and presented the profession in a more interesting fashion. We went the DMD clinic and taught the scholars Oral Hygiene instructions. They used disclosing tablets to the scholars were able to evaluate their efforts in brushing, flossing etc. A few may have been embarrassed by the amount of plaque on their teeth, but they said the experience helped them learn how to take better care of their oral health.



The students were lead on a tour of the University of Louisville Dental School by our faculty advisor Dr. Sherry Babbage. The scholars appeared to have a wonderful time. The tour ended at the simulation clinic where their next hands on activity began. The scholars were extremely excited to know they were going to be using handpieces and to prep buccal pits and a Class I on #19 and 30. Many of the students mentioned how it was challenging but fun. Some mentioned that they never knew what their dentist actually did to their teeth with the drill, so it was cool to see and do the procedure to fix a cavity. Several scholars were happy to take the dentoform teeth home to show family and friends. Each scholar received 30-45 mins to work on the prep, and had one-on-one instruction by a dental student. This provided the opportunity to have bond with the scholars and encourage them to pursue the educational, professional, and personal goals

The workshop ended with a Q&A session in which the scholars were very active. The scholars had numerous questions, such as what is the cost of attending school, why we want to be dentist, networking advice, application advice, etc. This experiences was a positive experience for our SNDA members as well as many of the non-SNDA members who volunteered, which was an additional positive point for our organization. All of our volunteers were awesome. **Thanks to SNDA Members Aaron Brown, Kamani Meriwether, and Dr. Sherry Babbage for organizing a great community service event.**

Howard College of Dentistry Hosts 1st Annual SNDA Welcome Week

By: Adrienne Castro



Howard University College of Dentistry's chapter of SNDA organized its inaugural SNDA Welcome Week, which featured activities for dental students, dental hygiene students, and post-doctoral residents during the first week of the Fall 2015 semester. From Monday, August 31 to Friday, September 4, the SNDA E-board hosted lunch & learns and meet & greets aimed to inform about the different facets of student life and facilitate networking.

During the week, three lunch and learns were held. On Monday, August 31, the chapter hosted "Lessons in a Lunchbox" to introduce students to the SNDA E-board and to learn more about the HUCD chapter of SNDA and their future events and programs. On Wednesday, September 2, the chapter hosted, "I Got In!... Now What?", which offered advice and tips to D1 students on how to achieve success in dental school. The third lunch and learn held on Thursday, September 3 entitled, "What's So Special about Your Specialty" was directed towards upperclassmen as a panel of residents from the Orthodontics, Pediatrics, Oral Surgery, and General Practice programs provided insight and fielded questions on their respective residencies.

The week was not complete, however, without some fun. On Tuesday, September 1, the HUCD chapter threw a skate night at the Skate Palace in Temple Hills, Maryland. With over 130 tickets sold, there were students, faculty, staff members, residents, and members of the University of Maryland SNDA chapter in attendance as everyone roller skated the night away.

HUCD's chapter closed out the 1st Annual SNDA Welcome Week at Bar 7 on Friday, September 4 with "Sip N' Network." Designed for students of all professional and graduate programs, the event brought together HUCD Students and members of the University of Maryland's SNDA for an enjoyable night full of mingling and dancing to celebrate the start of the 2015-2016 academic school year.

FAST FACTS

80-90%

When found at early stages of development, oral cancers have an 80-90% survival rate.

5-15%

When it comes to HHV infections, dentists and dental hygienists are constantly exposed to the possibility of becoming infected with HSV-1 (Herpes Simplex Virus-1). Patients who suffer from cold sores are known to have the virus in their saliva 5-15% of the time when they have no apparent cold sore.

FOR MORE INFORMATION

"Oral Cancer: Stop Assuming & Start Screening" By Alison Stahl, RDH, BS

"Human Herpesvirus Infections and What They Mean for Dentists" By Dr. Ronald Keeney, MD

Articles and percentages adapted from DentalTown magazine

The Rise of USNDA

By: Alexandra Fitzgerald, D2 University of Maryland School of Dentistry

Happy New Year SNDA Family! My name is Alexandra Fitzgerald and I am currently a second year dental student at the University of Maryland School of Dentistry. I have the privilege of serving as Member-At-Large. One of my largest responsibilities as Member-At-Large is to act as a liaison to Undergraduate Student National Dental Association (USNDA) chapters and members. Since being appointed to my position, I have been hard at work promoting the growth of USNDA. My primary goals for the year were to: increase the number of USNDA chapters nationally, expand upon SNDA's connection to our undergraduate members, and act as a mentor to USNDA members.

My initial connection to SNDA was while I was still in undergrad. I had the opportunity to speak with SNDA members while attending open houses and at other SNDA-sponsored events, such as Impressions Day and Annual Oral Cancer Foundation 5Ks. These opportunity proved to be invaluable in allowing me to ask school-specific questions and guiding me into aspects of dentistry I may not have been able to explore otherwise. I highly encourage you to share information about upcoming events with me to be distributed to USNDA chapters. These events are at the heart of SNDA's connection to USNDA members and one of the major draws many see in establishing USNDA chapters at their colleges and universities. I would love to see multiple USNDA chapters associated with each SNDA nationwide. From experience, most new

USNDA chapters are formed as a direct result of communication with SNDA members and their encouragement. Please do not hesitate to provide them with my email address, memberatlarge.snda@gmail.com, so I can help guide them in establishing their chapters. It is also important for USNDA chapters to be in communication with me to ensure they are receiving updates and information about USNDA events.

In regards to mentorship, I act as a mentor at all USNDA members. SNDA is a family and I see myself a cousin. It gives me pleasure to know they have achieved success and I was integral to helping guide them along the way. Although I am in Maryland and not able to physically meet with all USNDA members, they frequently email me with questions about the application process, preparation for their DAT, or in some cases, life advice. I am also able to meet with USNDA members at specific events during the year. I am pleased to say I will be at the 2016 ADEA Go-Dental Recruitment Fair to be held on March 12th in Denver, Colorado to meet with pre-dental students. There will also be a wide variety of USNDA specific events held in conjunction with SNDA's Annual Convention in July in Atlanta, Georgia. I hope these events will provide USNDA members insight into the application process and dental school experience. If you are interested in acting as a mentor to USNDA members or volunteering at some of the convention events in July, please let me know!

MUSC Hosts the Clemente Project

By: Joshlyn Wilson, D3 Medical University of South Carolina



On September 29, 2015, six MUSC SNDA members participated in Trident Technical College's Clemente Project. The goal of the Clemente Project is to increase critical reasoning skills from the study of humanities to provide homeless and disadvantaged students with the tools needed to escape multi-generational poverty. The program allows a range of students from homeless shelters, rehabilitation centers, prisons, and veteran villas to receive free tuition, books, computers, mentoring and bus passes to help further their education.

Under the supervision of our chapter advisor, Dr. Gwendolyn Brown, our members provided oral hygiene instructions to the students and answered their questions about oral hygiene. The Clemente Project students asked many questions regarding dental insurance, how to become a patient at MUSC's dental clinic, implants, dentures, and basic oral hygiene concerns. Surprisingly, several of the students were unaware of the basic oral hygiene techniques so we had the great opportunity to instruct and demonstrate these basic techniques. We also provided Oral Cancer Screenings to some of the students. Our chapter President, Joshlyn Wilson, stated: "This was a very rewarding experience because many of the patients have not seen a dentist in many years. One student stated that she had not been to the dentist in many years because she has cleft palate and many dentists did not know how to treat her years ago. I was able to direct her to our special needs dental clinic at MUSC and provide her with basic oral hygiene instructions to increase her comfort level with dentists. All of the students were eager to learn and had tons of questions about how to improve their oral health. This was our chapter's first time volunteering to help this community and it has been a great experience overall."



2015-2016 NDA/SNDA Presidential Inauguration Ceremony

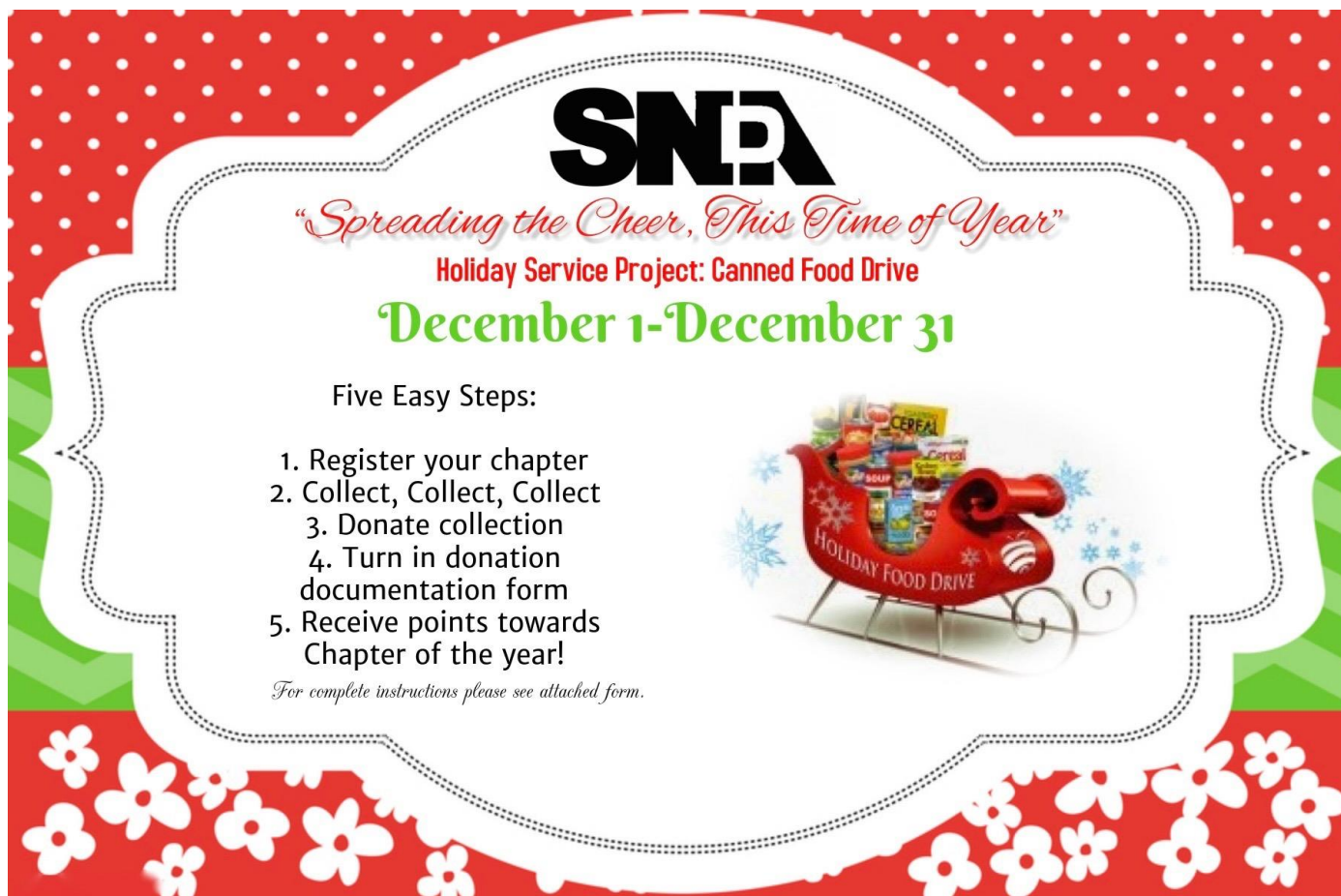


[Pictured from L to R: SNDA President, Christopher Cathey & President-Elect Alexis Irby, President-Elect Alexis Irby & Dr. Thomas-Anderson (NDA Board of Trustees), President-Elect Alexis Irby & Neiko Johnson]

On December 12, 2015 the North Georgia Dental Society in collaboration with the Georgia Dental Society hosted the installation ceremony and celebration of Dr. Judy Greenlea Taylor. Dr Greenlea Taylor was installed as the 92nd President of the National Dental Association. Additionally, our very own Alexis Irby was welcomed as an esteemed SNDA leader as she was also sworn in as the 2015-2016 President-Elect.

SNDA 2015 Holiday Canned Food Drive

By: Johnique Fonville & ArNelle R. Wright



Five Easy Steps:

1. Register your chapter
2. Collect, Collect, Collect
3. Donate collection
4. Turn in donation documentation form
5. Receive points towards Chapter of the year!

For complete instructions please see attached form.

The Student National Dental Association (SNDA) pleasantly launched our National Holiday Service Project on December 1, 2015. This year we all chapters were invited to participate in a holiday canned food drive. Statistics show that food insecurities are present in every county in America and SNDA hopes to aid individuals in our communities this holiday season. Chapters were given the liberty to donate to the charity/organization of their choice. Some examples included local food banks or the Salvation Army. There were a variety of partnerships formed between SNDA chapters nationwide and local organizations receiving our donations. The National E-board and the chairmen of this project would like to thank the following chapters for your commitment to servicing your communities:

- University of Louisville School of Dentistry
- East Carolina School of Dental Medicine
- Medical University of South Carolina
- University of Florida
- University of North Carolina Chapel Hill
- Dental College of GA @ Augusta
- Texas Southern University (uSNDA)
- Baylor
- UCSF
- University of Mississippi

Results of your donations and photos from each chapter collection will be displayed in the Spring 2016 issue of Emerge.

Upcoming Events

ASDA Annual Session, March 2-5, 2016 Dallas, TX

ADEA GoDental, March 12-14, 2016 Denver, CO

44th Annual SNDA Convention, July 21-24, 2016 Atlanta, GA—Themed “Southern Hospitality”

- Registration opens January 15th—Chapters are encouraged to begin registering the members who will begin on behalf of their respective chapters

Regional Conference Calls w/ The Director of Regional Communications, 6PM EST

- January 10, 2016
- February 7, 2016
- March 13, 2016
- April 10, 2016
- May 1, 2016



Letter from the Editor

ArNelle R. Wright, D3 University of Florida College of Dentistry

Greetings SNDA members both near and far,

My Name is ArNelle R. Wright and I would like to thank you for taking the time to read this issue of The SNDA Emerge. I would also like to thank all of the chapters for your participation thus far throughout the 2015-2016 academic school year. You all are the reason SNDA continues to thrive and reach unparalleled dimensions. I love to see and hear about titillating programs, community service projects, and academic achievements happening across the nation. Finally, as your chapter continues to excel please feel free to share such information with me @directorregcommunications.snda@gmail.com. Keep up the great work and I look forward to working with you all next semester!

Sincerely,

ArNelle R. Wright D3 University of Florida College of Dentistry
Director of Regional Communications



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Don't worry:

The spacing between your
child's baby teeth is
important. The spaces allow
enough room for their bigger,
permanent teeth to come in.



@thedailydentist, ARW

www.sndanet.org

***Please join us in Atlanta, GA for our 44th Annual SNDA Convention,
July 21-24, 2016!***